## ARENAL VOLCANO & MONTEVERDE RAINFOREST ADVENTURE 5 NIGHTS ROUNDTRIP SAN JOSÉ COSTA RICA

### **INCLUDED HIGHLIGHTS**

- UnCruise Adventures escorted pre-cruise land tour
- River rafting adventure on Sarapiquí River
- Arenal volcano hike
- Boat crossing of Arenal Lake
- Tour and tasting at coffee plantation
- Children's Eternal Rain Forest
- Selvatura Park
- Monteverde Cloud Forest Reserve



#### DAY 1 SAN JOSÉ, COSTA RICA

Arriving in San José, you'll be warmly greeted by our representative and transferred to the DoubleTree by Hilton Hotel Cariari for the night. A welcome dinner at your hotel and briefing from your guide this evening sets the stage for your 5night Costa Rican land adventure. (D)

#### DAY 2 SARAPIQUÍ RIVER/LA FORTUNA

After an early breakfast and scenic drive, arrive at the Sarapiquí River for an exhilarating, guided river rafting adventure\*. With rapids by the names of Las Pilas (the Washing Board) and Montaña Rusa (the Rollercoaster), this Class II-III river will have you hooting and hollering all along the 13km run! Dry off and enjoy lunch—then it's off to the volcano. Check in to the spa-like Arenal Springs Hotel (or Arenal Manoa Hotel or similar), then soak up some leisure time after your thrilling morning. Stroll the hotel's gardens, swim in one of the pools, soak in the therapeutic springs, or simply sit back with a cold beverage and take in the stunning views of the volcano. (BLD)

\*Children must be 9 years or older to participate in rafting excursion

#### DAY 3 ARENAL VOLCANO NATIONAL PARK / LA FORTUNA

A photographer's dream, Arenal's symmetrical cone stretches nearly 5,500' above lush jungle. Once fully covered by a canopy of green, this sleeping giant awoke in 1968. See the many sides of the "Mountain of Fire" on a hike along its base traversing dense forest and the paths of old lava flows where life is still recovering. Experience the land of pura vida by visiting a working, family farm. Learn about the milling of sugar cane and join in by helping to make tortillas, plant a tree, harvest vegetables, or even milk a cow. Then relax over an organic lunch prepared with products from the farm cooked on a woodstove. And during a school visit, students treat you to dance and music performances.\* There'll be time in the afternoon to stroll about the town of La Fortuna on your own. (BLD)

\*School visit not available during school holidays

#### DAY 4 MONTEVERDE

Enjoy an early breakfast, and then take in a fresh view of Arenal Volcano on a boat crossing of Arenal Lake. After a scenic drive, arrive in Monteverde where birds and biodiversity share the spotlight. Explore the delicious fruits of labor in this high-elevation, coffee-growing region with a tour and tasting at a coffee plantation. As the sun sets, experience the after-dark-magic in the Children's Eternal Rain Forest—Central America's largest private reserve—where over 50,000 acres have been dedicated to conserving and rehabilitating tropical ecosystems. With your flashlight, and the help of a guide, uncover unusual nocturnal creatures and their habitats. Check in at El Establo Hotel (or similar) and be lulled to sleep by the sounds of the "night life" in the heart of the cloud forest. (BLD)

#### DAY 5 MONTEVERDE

It's a once-in-a-lifetime adventure in the cloud forest! At Selvatura Park, the wildlife—toucans, sloths, howler monkeys, capuchins, tapirs, toads, and frogs—is active early, and you will be, too. Up in the canopy, take to the tree tops walking across bridges spanning 150' to 510', and later, with appropriate harness and gear, zip from tree-to-tree on a cable tour. Unleash your inner Tarzan "whooping!" and swooping on an optional big swing! A guided stroll in a butterfly farm reveals over 20 species; and during time on your own in the hummingbird garden, the many buzzing birds amaze. In Santa Elena, have lunch at a local restaurant, then relax with time to explore the town on your own. (BLD)

#### DAY 7 MONTEVERDE / PUNTARENAS

Enjoy one last excursion at the Monteverde Cloud Forest Reserve. Start out early and hike along the forest floor passing massive, moss-covered trees and Eden-like waterfalls. Along with excellent hikes, keep watch in the trees for the resplendent quetzal. Later this morning, you'll be transferred to Puntarenas to meet the Safari Voyager. (BL)

B=Breakfast, L=Lunch, D=Dinner

Itineraries are guidelines; variations in itinerary and the order of days may occur to maximize your experience. Passport required.

Vaccination including booster required.

#### 5 - Nights San Jose Costa Rica to Puntarenas Costa Rica

Dates & Rates

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Arenal Volcano & Monteverde Rainforest Adventure		
2022 Dates	Double	Single
Sep 26 Dec 6, 10, 20, 24 Jan 7, 2023	\$3,495 \$3,495 \$3,495	\$3,995 \$3,995 \$3,995

Land items require a nonrefundable 50% deposit at time of booking. Final payment is made with cruise final payment. Cancelations are subject to penalty, which varies by package. Cancelations within 30 days of departure are nonrefundable.

# CHOOSE ADVENTURE



