GATUN LAKE & HISTORIC PANAMA CITY ADVENTURE

2 NIGHTS PANAMA CITY PANAMA



DAY 1 Panamá City

Welcomed at the Panamá City airport, our local representative provides the transfer to your hotel where you meet your guide and fellow travelers. Settle in and unwind before the next day's adventures. Overnight at Bristol Hotel (or similar).

DAY 2 Panamá Canal Rainforest Boat Adventure & Biomuseum

Head out with your naturalist guide on an expedition boat across Gatun Lake. Glide close to shore through rainforest covered islands on the lookout for iguanas, crocodiles, osprey, white-faced capuchin, mantled howler monkey, spider monkey, sloths and keel-billed toucan—as well as dramatic views of the Panamá Canal. Then it's on to renowned architect Frank Gehry's Biomuseum to learn about the biodiversity and natural history of the Isthmus of Panamá. Return in the afternoon to relax and overnight at Bristol Hotel (or similar). (BL)

DAY 3 Panamá City

Begin your exploration with a guided tour of the old city of Panama Viejo—a UNESCO World Heritage site rich with ruins, stone architecture, and religious buildings dating back to 1519. Next up is another UNESCO World Heritage Site, Casco Viejo (a historic district of Panama City). Take in the 17th- to 20th-century heritage of a town lined with churches, government buildings, the Presidential Palace, National Theatre, and Metropolitan Cathedral. Pause for lunch at a local restaurant. Make your way back to the Bristol Hotel and join your fellow UnCruisers before heading to the ship. (BL)







